

## BIO

Sander is a Danish singer songwriter who has been creating and singing heartfelt melodies since his teens. Lyrically soulful, and devotionally talented, Sanders music penetrate and inspires.

Sanders meditations and music journeys are a reflection of his spiritual journey, inspired by profound experiences on his travels and various teachings from around the world. With a skillful combination of vocals, meditation and guitar he lifts the spirit with soulful loving songs like 'Closer' and soothes our busy minds with the soft tones of 'Alignment,' offering a unique journey and depth that is rare to experience.

Sander has just released his album "light". The album explores the tender journey through love, compassion, and growth.

Link to meditations og music journeys:

<https://insighttimer.com/stenderup>

YouTube:

<https://www.youtube.com/c/SanderStenderup>